



Facilitate for Impact:

Turning Learning Moments into Lasting Change

Module 1: Getting the Most from this Learning Experience (6:58 minutes)

- How this course was designed and why
- Setting Learning Goals
- Note-taking strategies

Module 2: Foundational Concepts (5:25 minutes)

- The Power of Labels
- Why what you call yourself matters

Module 3: The Motivation Equation — Self-Determination Theory and Adult Learning (6:25 minutes)

- What is self-determination theory (SDT)?
- Three components of SDT and why they matter
- How to incorporate SDT into learning experiences

Module 4: Adult Learning Challenges — Engagement, Self-Awareness, and Closed Minds (12:55)

- Creating engagement that helps learning stick
- Helping learners evaluate where they are; self-awareness strategies to help minds open and to aid in learning retention

Module 5: Metacognitive Facilitation: Enhancing Learning Through Awareness (5:01 minutes)

- What is metacognition and why does it matter?
- How to use metacognition in a learning environment

Module 6: Applying Self-Determination Theory (SDT) in Facilitation (13:45 minutes)

- How SDT enhances learning
- Strategies for using SDT in a variety of learning environments

Module 7: Self-Directed Learning (SDL) — From Theory to Practice (8:16 minutes)

- What is Self-Directed Learning (SDL)?
- How can SDL be used in formal learning environments?

Module 8: Self-Directed Learning — The Four-Step Process (6:06 minutes)

- Understanding the steps to SDL
- Using SDL to improve the learning experience

Module 9: Learners Learning Their Way (9:29 minutes)

- What are MOOCs and why are they important?
- How can MOOCs be used in formal training?

Module 10: Gamification — Making Learning Playful and Purposeful (8:16 minutes)

- What is gamification and what role does it play in learning retention?
- Understand gamification pitfalls and how to prevent them

Module 11: Using Engagement Tools Effectively (11:14 minutes)

- Engagement tools: technology vs. organic
- Creating emotional connections to increase engagement
- Shifting gears to encourage deeper engagement

Module 12: Bloom’s Taxonomy and Its Usefulness with Adult Learners (7:09 minutes)

- What is Bloom’s Taxonomy and how can it be used to help learners learn?
- Understanding the 6 levels of learning and how to manage a group of learners when they are on different levels

Module 13: Wrapping It All Up — Facilitating for Impact (4:06 minutes)

- Recap and summary

Final Reflections: Lessons from the Facilitation Journey (11:44 minutes)

- An informal conversation with examples from the Facilitator

